7th Grade
Term 1
Exam 1

Grade 7 English Exam Preparation



2026–2027 Academic Year | Grade 7 | Term 1 Exam 1

Name and surname _____ Class _____ Number _____

How to use this booklet

Revise Appearance and Personality and Sports for Term 1 Exam 1. Read the reminders, try the activities and use Help when needed. Try the Challenge tasks, then finish with the practice on page 8.
Learning outcomes E7.1.R1. E7.1.W1.

Remember Appearance describes features: tall, short, straight hair, curly hair and blue eyes. Personality describes how people behave: honest, generous, shy and outgoing.
Worked example: Ada tells the truth. → Ada is honest.

A Find the personality word

Match each description with a word from the bank. Use each word once.

funny / punctual / shy / selfish / generous / hardworking / honest / outgoing

1. Someone who tells the truth: _____
2. Someone who enjoys meeting and talking to people: _____
3. Someone who gives time or things to others willingly: _____
4. Someone who keeps working and tries hard: _____
5. Someone who arrives on time: _____
6. Someone who says things that make people laugh: _____
7. Someone who feels nervous about talking to new people: _____
8. Someone who only thinks about their own needs: _____



B Describe people

Complete each sentence with the correct form of *be* or *have*.

1. Nora _____ long, curly hair.
2. My brother _____ very punctual. He is never late.
3. The twins _____ blue eyes.
4. I _____ shy around new people.
5. You _____ short, brown hair.
6. Our friends _____ outgoing. They enjoy meeting people.



Help: Use *be* for a quality or feeling. Use have for hair, eyes and other features.

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Comparing People



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Remember Learning outcomes E7.1.R1. E7.1.W1.

Remember: Compare two people or things with a comparative and than: tall → taller; large → larger; big → bigger; funny → funnier; outgoing → more outgoing. Some forms are irregular: good → better; bad → worse. Worked example: Mia is 13. Dan is 12. → Mia is older than Dan.

C Build the comparative

Write the comparative form of each adjective.

1. tall → _____
2. heavy → _____
3. big → _____
4. funny → _____
5. outgoing → _____
6. good → _____
7. bad → _____
8. young → _____



D Compare the facts

Read the facts. Complete each comparison with the adjective in brackets.

Leo is 13 years old and 160 cm tall. His bag weighs 3 kg.
Ivy is 12 years old and 166 cm tall. Her bag weighs 2 kg.

1. Ivy is _____ than Leo. (tall)
2. Leo is _____ than Ivy. (old)
3. Ivy is _____ than Leo. (young)
4. Leo's bag is _____ than Ivy's bag. (heavy)



E Repair the descriptions

Rewrite each sentence correctly.

1. My sister is more taller than me.
   _____
2. Deniz is curly hair.
   _____
3. Lena is more outgoing then her cousin.
   _____



Challenge: Compare two people you know using a different adjective.

_____

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Reading About Friends

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Learning outcomes E7.1.R1.

Reading tip Find the detail that supports your answer. For a **Why** question, give a reason from the text. A comparison must agree with the facts.

Two friends for the school project

Aylin and Cem are friends in Class 7B. Aylin is 13 and Cem is 12. She is 164 cm tall and he is 170 cm tall. Aylin has long, straight, dark hair. Cem has short, curly hair. Aylin enjoys meeting new pupils and starts conversations easily. Cem feels shy with strangers, but he tells funny stories when he knows people well.

Both pupils want to help with a school project. Aylin writes the plan and finishes her work on time. Cem shares his pencils and art materials with the group. Aylin is more outgoing than Cem, but she says Cem is funnier than her. They choose to work together because their different strengths help the team.

F Find the facts

Give short answers. Use the text.

1. Who is older? _____
2. Who is taller? _____
3. What is Aylin's hair like? _____
4. Who shares art materials? _____



G Read and explain

Answer using the text. For 4, write **True** or **False** and correct it if false.

1. Why is Aylin a good person to welcome new pupils?

   _____

2. Which action shows that Cem is generous?

   _____

3. Why do Aylin and Cem choose to work together?

   _____

4. Cem is more outgoing than Aylin.

   _____

5. Who does "her" in "Cem is funnier than her" refer to?

   _____



Help: Find the sentence with the same idea, even when the question uses different words.

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Sports and Equipment



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Remember

Learning outcomes E7.2.R1. E7.2.W1.
Play basketball or tennis. Go swimming or cycling. Do gymnastics or karate. Players train to improve. Spectators watch. Equipment helps people play safely and correctly.
Worked example: She puts on goggles before entering the pool. → She goes swimming.

H Choose the sports word

Use each word from the bank once.

team / goggles / racket / helmet / court / goal



1. You use a _____ to hit the ball in tennis.
2. A cyclist wears a _____ to protect their head.
3. Swimmers wear _____ to protect their eyes in the water.
4. People play basketball on a _____.
5. In football, players try to score a _____.
6. A group of players who work together is a _____.

I Use *play do or go*

Complete each sports phrase.



1. _____ basketball
2. _____ swimming
3. _____ gymnastics
4. _____ tennis
5. _____ cycling
6. _____ karate

Saturday tennis club



Beginners meet on the outdoor courts at 10.00. Bring a racket and a bottle of water. The coach shows new players how to hold the racket before they play a short game. Spectators watch from the seats outside the courts.

J Read the club notice

Give short answers. Use the notice.



1. What time does the club start? _____
2. Where do beginners meet? _____
3. Name ONE thing that players bring. _____
4. Why does the coach help beginners before the game?

_____

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Sports Routines and Frequency



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Name and surname _____ Class _____ Number _____

Remember

Learning outcomes E7.2.R1. E7.2.W1.

Use the present simple for routines: I train; she trains. Use the base verb after do or does: Does he swim? He doesn't swim. Put frequency words before the main verb and after be: I usually train. She is always ready.

How often? Once a week = one time; twice a week = two times; three times a week = three times.

K Build routine sentences

Complete 1–4. Put 5–6 in order. Write the question in 7. Correct 8.



1. My cousin _____ (go) swimming every Tuesday.
2. We _____ (not / play) tennis on school days.
3. Does Selim _____ (train) after school?
4. Ada _____ (do) gymnastics at the weekend.
5. usually / they / after school / play basketball

   _____
6. is / our coach / always / punctual

   _____
7. Ask about the frequency: Mira goes cycling twice a week. Begin with *How often*.

   _____
8. Repair: He doesn't goes jogging on Mondays.

   _____

A typical week at the sports centre

This weekly timetable repeats. A dash means no session that day.

Pupil and sport	Mon	Tue	Wed	Thu	Fri
Maya swimming	Yes	—	Yes	—	Yes
Ben basketball	—	Yes	—	Yes	—
Leo swimming	—	—	—	—	—
Ivy cycling	Yes	Yes	Yes	Yes	Yes

L Read the training week

Use the timetable. Answer 1–3 in full sentences. Complete 4–5.



1. How often does Maya go swimming? _____
2. How often does Ben play basketball? _____
3. How often does Leo go swimming? _____
4. Ivy goes cycling on every weekday. She _____ cycles on weekdays.
5. Maya swims on Monday, Wednesday and _____.

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Reading About Training and Choices



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Learning outcomes E7.2.R1.

Reading tip

Look for the sport, place, frequency, equipment and reason. Read all the options in a timetable before choosing an activity.

A Basketball Training Blog



I'm Elif and I'm on the school basketball team. We train on Mondays, Wednesdays and Fridays after school. We usually practise indoors, but on sunny Fridays we use the outdoor court. Our coach always starts with a warm-up because it prepares our bodies for exercise. Then we practise passing and shooting. I never miss the warm-up.

On Saturdays, I go cycling with my cousin. We wear helmets. He cycles faster than me, so he waits at each turning. Basketball teaches me teamwork, and cycling lets me spend time outdoors. I don't train on Sundays because I rest and spend time with my family.

M Understand the training blog

Give short answers. For a Why question, include a reason.



1. How often does Elif train with her basketball team?

   _____

2. When does the team use the outdoor court?

   _____

3. Why does the coach start with a warm-up?

   _____

4. What does Elif wear when she goes cycling?

   _____

5. Why doesn't Elif train on Sundays?

   _____

N Use the session guide

Use the timetable. Give short answers.

Session	Day and time	Place	Bring
Swimming	Tuesday 16.00	Indoor pool	Goggles
Tennis	Thursday 16.00	Outdoor courts	Racket
Basketball	Friday 15.30	Sports hall	Trainers



1. Deniz is free only on Thursday. Which sport can he choose? _____
2. Ece wants an indoor team sport. Which session suits her? _____
3. What does a pupil need for the Tuesday session? _____
4. **Challenge:** Why can't Deniz choose the swimming session?

   _____

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Writing About People and Sports



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Learning outcomes E7.1.W1. E7.2.W1.

Writing tip Plan first. Use facts for comparisons and frequency words for routines. Add a reason with *because*. Check *be* and *have*, *he/she* verbs, capitals and full stops.

O Compare two friends

Read the model. Then use ALL the notes to write 5–6 sentences about Nora and Eren. Include at least TWO comparisons and a reason for one personality word.

Model Mina and Arda are my friends. Mina is taller than Arda. She has long, straight hair. Arda has short, curly hair. Mina is more outgoing than Arda because she enjoys talking to new people. Arda is generous because he shares his things.

Detail	Nora	Eren
Height	168 cm	162 cm
Hair	Long and curly	Short and straight
Personality	Outgoing; starts conversations	Shy with new people; generous
Helpful detail	Talks to new pupils easily	Shares books with classmates

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

P Describe a sports routine



Write 5–6 complete sentences about yourself or an imaginary pupil. Include ALL the points below.

Name a sport; give its frequency and place; use at least TWO frequency words; include one negative routine and a reason with *because*.

Help: I play / go / do _____. I usually _____. I never _____. I don't _____ because _____.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Challenge: Add a comparison with a friend or explain how the sport helps you.

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Mixed Exam Practice



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Learning outcomes E7.1.R1. E7.1.W1. E7.2.R1. E7.2.W1.
Try this page on your own. Check your work when you finish. **Total: 20 points.**

Q Read about classmates

Read and answer. Short answers are fine. (3 × 2 = 6 points)

Zeynep is 165 cm tall and Can is 159 cm tall. Zeynep has long, dark hair. Can has short, curly hair. Zeynep starts conversations with new pupils, but Can is shy at first. Can is generous because he shares his books. They enjoy working together.



1. Who is taller? _____
2. Who is more outgoing? _____
3. Which action shows that Can is generous? _____

R Complete the comparisons

Use the comparative form of the adjective. (4 × 1 = 4 points)



1. Ada is 14 and Ali is 13. Ada is _____ (old) than Ali.
2. A 2 kg bag is _____ (heavy) than a 1 kg bag.
3. Ece makes everyone laugh. In my opinion, she is _____ (funny) than me.
4. My brother talks to everyone. He is _____ (outgoing) than me.

S Read about a sports routine

Read and answer. Short answers are fine. (3 × 2 = 6 points)

On Tuesdays and Saturdays, Mert goes swimming at the sports centre. He always wears goggles. He doesn't swim on Sundays because he visits his grandparents. He usually walks home after training.



1. How often does Mert go swimming? _____
2. What does he always wear? _____
3. Why doesn't he swim on Sundays? _____

T Write your own sentences

Write FOUR complete sentences in total. You may invent details. (4 points)



1. Write TWO sentences comparing two people. Use a different comparative in each sentence.

_____

_____

2. Write TWO sentences about a sports routine. Use a frequency word in each sentence and give a reason in one sentence.

_____

_____

_____

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